



**11.99 per selection**  
available all day

**Comfort Loaves**

served with smashed potatoes & daily veggie

**Pilgrim's Loaf** Lean natural turkey loaf with savory spices, natural au jus and a side of our delicious cranberry apple chutney.

**Cowboy Loaf** Brandt Natural ground beef seasoned with Southwestern spices, roasted corn, sweet bell peppers topped with melted natural cheddar.

**Grilled Natural Chicken Breast**

served with smashed potatoes & daily veggie

**Marsala** wild mushrooms braised in marsala wine with melted natural monterey jack cheese.

**Tex Mex** topped with veggie chili & melted natural cheddar or monterey jack cheese

**S & P** sea salt and ground black pepper - plain & simple!

*No substitutions please!*



All snacks are made with at least 85% organic ingredients

**Jumbo Chocolate Chip Cookie** each **2.25**

**Organic Popcorn** salted or unsalted bag **1.75**

*prices are subject to change without notice.*



CHOICE OF FRUIT OR MILK SMOOTHIE & ONE FLAVOR



FRUIT base made with fruit juices, organic non-fat soy yogurt



MILK base made with organic skim milk & organic non-fat yogurt

**Choice of Flavors**

Raspberry	Strawberry	Banana
Pomegranate	Mango	Apple
Coconut		

12 oz **4.25**      16 oz **5.25**

Add whey protein - 1.25 per scoop  
Add Citrus Super-C - 1.00

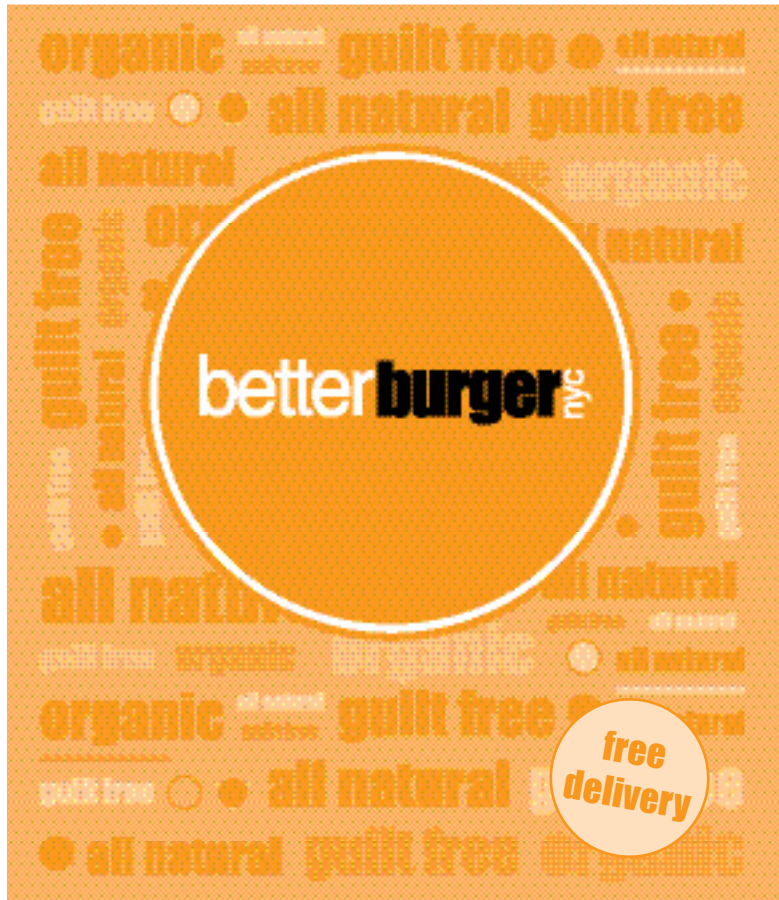
*Fruit purees are not organic.*



	12 oz.	16 oz.
Fresh Squeezed Orange Juice		<b>3.25</b>
Fresh Organic Apple Juice		<b>3.25</b>
Fresh Daily Juice		<b>m/p</b>
Lemonade	<b>1.75</b>	<b>2.25</b>
Mango Lemonade	<b>2.00</b>	<b>2.50</b>
Herbal Iced Tea (unsweetened)	<b>1.50</b>	<b>2.00</b>
Cranberry Hibiscus Herbal Iced Tea	<b>1.75</b>	<b>2.25</b>
Organic Coffee regular / decaf	<b>1.50</b>	
Zico Coconut Water	<b>2.50</b>	
natural / essence of mango / passionfruit		
Organic Soda		
grape / tangerine / cherry / lemon-lime	<b>1.75</b>	
Bottled Water	half liter	<b>1.50</b>
Assorted Fountain Sodas	20 oz.	<b>1.75</b>

*All home-made beverages are prepared with multi-filtered water.*

www.betterburgernyc.com



**MURRAY HILL** 37th & 3rd Ave **212.949.7528**  
Delivery Zone 23rd to 51st St Between 1st and 5th Ave

**CHELSEA** 19th St & 8th Ave **212.989.6688**  
Delivery Zone 34th to Houston St between 5th & 11th Ave

**HELL'S KITCHEN** 42nd St & 9th Ave **212.629.6622**  
Delivery Zone 28th to 67th between 12th Ave & 5th Ave

FREE DELIVERY - \$10 MIN

**better  
burgers**

All Better Burgers are made from antibiotic & hormone free meat & poultry. Served on toasted whole wheat buns with lettuce, tomatoes, red onions & pickles.

**CLASSIC BEEF BURGER** *ground fresh daily*  
Brandt Natural beef chargrilled to perfection.

1/3 lb **5.99** 1/2 lb **8.59**

**CHICKEN BURGER** *ground fresh daily*  
Natural lean ground chicken with ancho-spiked seasoning.

1/3 lb **5.99** 1/2 lb **8.59**

**TURKEY BURGER** *ground fresh daily*  
Natural lean ground turkey with a zesty array of herbs.

1/3 lb **5.99** 1/2 lb **8.59**

**HOMEMADE VEGGIE BURGER** **5.99**  
A medley of organic grains & veggies.

**SAVORY SOY BURGER** **5.99**  
Rich, hearty flavor turns soy into high protein salvation.

**DAILY BURGER SPECIAL** **M/P**

**Soda/Bottled Water Combo** add **3.50**  
**Lemonade/Iced Tea Combo** add **4.50**  
**Smoothie Combo** add **5.50**

*Better Combo includes choice of burger, better side, fountain soda or bottled water, 16 oz. lemonade or iced tea or 12 oz smoothie*

**better  
combo**

**better  
fixin's**

**CHEESE**

- Natural cheddar **1.00**
- Natural Monterey Jack **1.00**
- Soy American **1.25**

**BACON**

- Nitrate-free natural pork **1.50**
- Veggie Canadian style **1.50**

**TASTY FIXIN'S**

- Spicy BBQ onions **75¢**
- Marsala mushrooms **75¢**
- Zesty guacamole **75¢**

**better  
dogs**

All Better Dogs are made from antibiotic, hormone & nitrate free meat and poultry. Served on toasted whole wheat buns.

**BEEF DOG** *natural* **3.95**  
**TURKEY DOG** *natural* **3.95**  
**JUMBO SOY DOG** **3.95**

**DOUBLE THE DOG** add **2.00**  
(2 dogs in a bun)

**style it  
your way**

**classic** sauerkraut & relish  
**NYC** sauerkraut & bbq onions

**better  
combo**

**Soda/Bottled Water Combo** add **3.50**  
**Lemonade/Iced Tea Combo** add **4.50**  
**Smoothie Combo** add **5.50**

*Better Combo includes choice of burger, better side, fountain soda or bottled water, 16 oz. lemonade or iced tea or 12 oz smoothie*

**better  
condiments  
& sauces**

**BETTER CONDIMENTS**

Complimentary - please select upon ordering

- All-American ketchup
- Stoneground mustard
- Vegan mayonnaise

**better  
sides**

**2.75 each**

**BETTER FRIES** *organic*  
Our guilt free side, air-baked NOT FRIED.

**SMASHED POTATOES**  
Rich, creamy & delicious. Dairy-free & reduced fat.

**VEGGIE CHILI**  
Organic beans, lots of veggies & soy protein.

**VEGGIE SLAW** Shredded & julienned vegetables with reduced fat dressing

**FRESH FRUIT SALAD**

**better  
salads**

**GARDEN SALAD** small **3.95**  
large **5.95**  
organic mesclun greens, cucumbers, red peppers, cabbage, carrots & cherry tomatoes with balsamic vinaigrette

**CAESAR SALAD** small **3.95**  
large **5.95**  
romaine, red peppers, calamata olives, cherry tomatoes, croutons & natural parmesan with caesar dressing

**MEDITERRANEAN SALAD** **6.75**  
organic mesclun greens, romaine, roasted vegetables, organic orzo, organic cannellini beans, sun-dried tomatoes & a touch of virgin olive oil with balsamic vinaigrette

**HARVEST SALAD** **9.75**  
grilled natural chicken breast, organic mesclun greens, romaine, roasted sweet potatoes, natural cheddar, cherry tomatoes, dried cranberries & toasted pumpkin seeds with balsamic vinaigrette

**COBB CHICKEN SALAD** **9.75**  
diced grilled natural chicken breast, organic mesclun greens, romaine, nitrate-free natural pork bacon, cucumber, egg, cherry tomatoes & natural cheddar with balsamic vinaigrette

**ZEN POPEYE SALAD** **7.95**  
organic spinach, diced Asian seared tofu, grilled vegetables, chickpeas & avocado with balsamic vinaigrette

**better  
soups**

**NATURAL CHICKEN SOUP**  
with macaroni

**SEASONAL DAILY SOUP**

cup **3.25** pint **5.50**